



GOLD Stage	Characteristics	COPD treatment			
<b>0</b> at risk	Chronic sxs Exposure to risk factors Normal spirometry				
<b>I</b> mild	<b>FEV<sub>1</sub> ≥ 80%</b> FEV <sub>1</sub> /FVC < 70% With or without sxs	Avoid risk factors			
<b>II</b> moderate	<b>FEV<sub>1</sub> &lt; 80%</b> FEV <sub>1</sub> /FVC < 70% With or without sxs	Smoking cessation			
<b>III</b> severe	<b>FEV<sub>1</sub> &lt; 50%</b> FEV <sub>1</sub> /FVC < 70% With or without sxs	Vaccination (influenza, pneumococcal)	Add short-acting bronchodilator (SAMA or SABA)	Add long-acting bronchodilator (LAMA or LABA)	Add <i>inhaled</i> glucocorticoid (if repeated exacerbations)
<b>IV</b> very severe	<b>FEV<sub>1</sub> &lt; 30%</b> or <b>RHF</b> FEV <sub>1</sub> /FVC < 70%				Supplemental oxygen

SABA = short-acting β-agonist    SAMA = short-acting muscarinic-antagonist    LABA = long-acting β-agonist    LAMA = long-acting muscarinic-antagonist