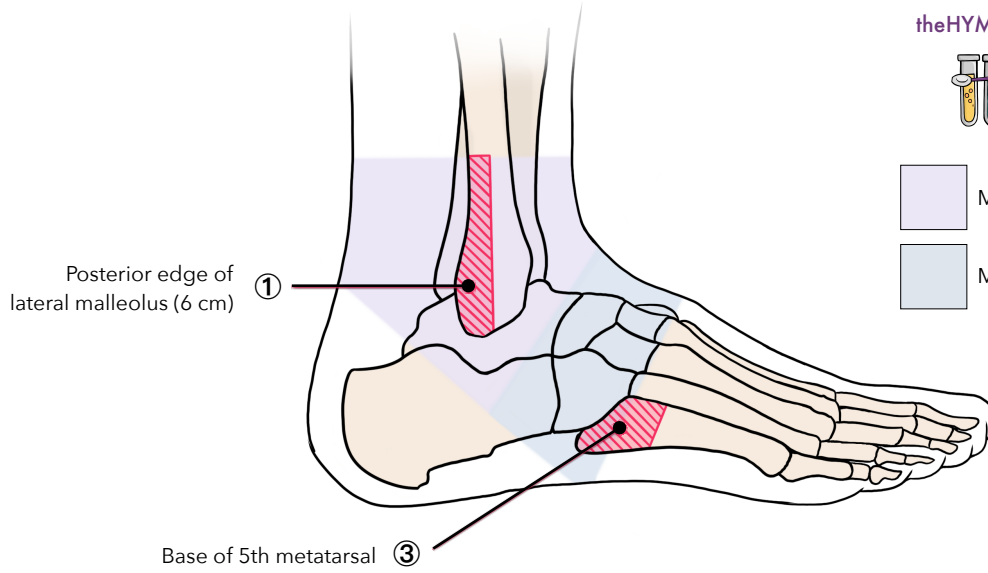


OTTAWA ANKLE RULES

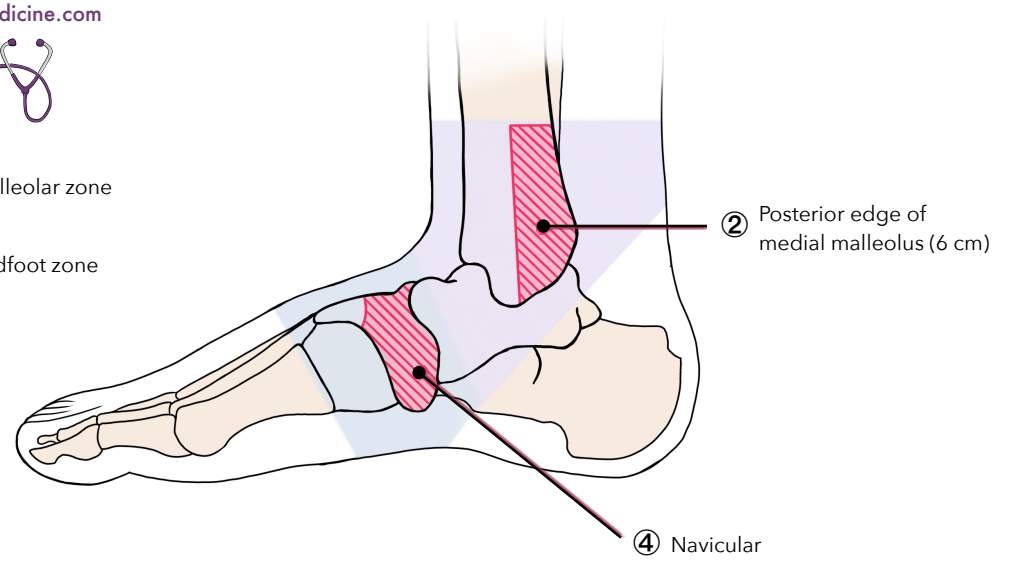
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LATERAL



MEDIAL



Ankle x-ray required if any pain in malleolar zone + any of the following

- Bone tenderness at ①
- Bone tenderness at ②
- Inability to bear weight both immediately and at time of evaluation

Foot x-ray required if any pain in midfoot zone + any of the following

- Bone tenderness at ③
- Bone tenderness at ④
- Inability to bear weight both immediately and at time of evaluation